MEDIA, PA— This morning, Congressman Joe Sestak (D-PA) provided the Rotary Club of Chichester with a "District Update." He talked to the members about the work he has done in Congress and answered their questions and listened to their concerns. — As Vice Chairman of the House Small Business Committee, a member of the House Armed Services Committee, and the House Education and Labor Committee, Congressman Sestak also emphasized the five pillars which he believes make up national security.

"True national security is much more than just a strong military. I believe I can make a difference in reversing the erosion of our country's four key pillars of national security I ran on — economic security, health security, educational security and defense security, as well as a fifth pillar environmental and energy security. It is through these pillars that Americans can fully embrace their dreams and live the lives they choose to live," said Congressman Sestak.

Congressman Sestak recognized the Chichester Rotary and Board of Directors of Creekside Village, and spoke about his first year in office, emphasizing how the last election was truly about the way the nation needed to work together in a bipartisan manner to reprioritize our national investments.

"We must focus more on providing affordable, accessible, adequate healthcare for all and a high quality education for all children and adults in order to lead to the right workforce for an economy that can reverse the \$9 trillion in debt that we have incurred over the last 6 years, as well as the current conflict in Iraq, where spending has gone to exorbitant levels," said Congressman Sestak.

While Congressman Sestak talked about each of these issues, he opened up the floor to questions from the crowd, answering everything from the current situation with FISA to questions about local small businesses.

Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "Deep Blue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever elected to the US Congress.